

# YOU ARE INVITED TO THE TEMPE FIRST RESPONDER OXYGEN COUPLES RETREAT BY STRONGER FAMILIES

You're invited to the OXYGEN First Responder Couples Retreat, where you can savor some moments together, recharge, get expert input, and rekindle your love during these challenging times.

This retreat will include one night at the Tempe Mission Palms Hotel and Conference center, 1 meal per day, free coaching, and sessions from the OXYGEN Program, a national program that has served over 90,000 from our US Military & First Responder families.

Get away together and gain some tools to make your relationship stronger!

**\$99 per Couple**

*Early Bird Price is \$99  
\$150 after Early Bird  
Sold Out*



**DATES:** April 13-14, 2024

**TIME:** Sat 8:30am - Sun 3pm

**REGISTRATION:**

[https://  
TempeAprilFRRetreat.eventbrite.com](https://TempeAprilFRRetreat.eventbrite.com)

## TOPIC HIGHLIGHTS:

- Strategies to get over the same old issues
- A better understanding of each other's needs
- Tools to resolve conflict and be heard
- Ideas to rekindle your romance
- Action plan for your relationship
- Resources for work and home

## Retreat includes the following:

- 1 Night at the Tempe Mission Palms Hotel and Conference Center (Sat night)
- 1 meal provided daily
- Course Materials & Online Assessments
- Multiple Sessions from OXYGEN Seminar
- Optional In-Person, Confidential Coaching

For more information, please contact Stronger Families at 425-679-5671, [events@strongerfamilies.org](mailto:events@strongerfamilies.org)

**INCLUDES:** • Lodging • Meals • Course Materials • Personality Assessments



SCAN ME

Get More Resources for Your Relationship at [StrongerFamilies.com](https://StrongerFamilies.com) / [strongerfamilies.com/first-responder](https://strongerfamilies.com/first-responder)

**STRONGER  
FAMILIES**  
Oxygen for Your Relationships